



## **Intermediate Course**

Have you learnt the basics? Have you completed the Beginner's Course and don't know what to do next in sailing? Are you a bit rusty on your skills or have a fear of Gybing! Come and improve your sailing with the ANUSC. This Sailing Course provides you with some more advanced skills that help you to be able to sail proficiently and competently and to enjoy the fun of beginners racing. The course consists of three sessions of instruction and three evenings practicing your skills in Beginner's Twilight races. You need to be an ANUSC Club Member to take part in this course.

**Venue:** ANU Sailing Club, Yarralumla Bay (see the ANUSC club website for map).

**Cost**: \$60 + either a working bee or \$20 for boat maintenance

## **Dates & Times:**

Sunday 20/11/2011 2 - 6 pm

Tuesday 22/11/2011 5 - 8 pm

Sunday 27/11/2011 11 – 1 pm Working Bee: come and learn some basic boat

maintenance and help out the club

2 - 6 pm Course as normal

Tuesday 29/11/2011 5 - 8 pm

Sunday 4/12/2011 2 - 6 pm

Tuesday 6/12/2011 5 - 8 pm

Places in the course are limited, so contact the **assistant training officer** to secure your place.

## **Contact details:**

Assistant Training Officer: Nick Scroxton at nick.scroxton@googlemail.com